

People who can help you

Steve Wheelhouse - Chief
Coach

Graham Meadows - Chairman

Richard Bovey - Treasurer

Angela Hidle - Swimming
Secretary

Keith Kelly - A1 Squad

Geoff Beadle - A1 Squad

Bob Cherry - A1 Squad

Dave Akers - A2 Squad

Laura Kelly - A3 Squad

Simon Foster - A2/3 Squad

Pete Irving - A2/3 Squad

Nicki Fradgley - C Squad

Danni Roworth - D Squad

Mick Hickling - Masters

Jane Lewis - Education

Secretary
John Hidle—0115 9192514

Membership Secretary
Sue Kelly—01332 675039

Headquarters
West Park Leisure Centre
Long Eaton
Derbyshire.

SWIM21 is the Amateur Swimming Association's national accreditation scheme for swimming clubs. Trident has been awarded GOLD standard accreditation as a Teaching Club.

This means that we are recognised as “demonstrating excellence in all aspects of club development”. We have also been awarded the Sport England Clubmark as being “safe, effective and child-friendly”.

You should look for these accreditations when considering joining a swimming club.

Information

Swim21
Accredited





Welcome!

Welcome new members! This is a short introduction to Trident Swimming Club helping to explain some of our history, aims and what you might achieve during your time with us.

Trident Swimming Club was formed in 1977 and at the current time, we have over 200 swimmers of all ages and abilities. We swim competitively at every level from time trials within the club to national and even international standard. Our aim is to improve all our swimmers at all levels to represent our club and themselves to the best of their ability.

Within the club we have regular time trials to help you (and us) monitor your progress. We also hold annual Club Championships in October/November which you may take part in as soon as you have been a member for over three months. There are friendly galas arranged with other local clubs for teams giving everybody a chance to represent the club.

As your swimming improves you may be selected to represent Trident in the Derbyshire and Nottinghamshire Junior League for 9-12 years of age. We currently have a team in the first division in this league and it can be very exciting to take part in these galas. Similarly there is the Leicester and District Autumn and Winter Leagues and the Speedo League where swimmers from 10 upwards represent Trident.

From the age of nine years you may compete in open meets. Trident has successfully arranged their own open event for the last few years. As you improve you may qualify to swim in the Derbyshire Age Group competitions held in March and April of every year. The Midland District Championships are held in May and, for those who excel, the National Age Group and Youth Championships are held in August. Swimmers from Trident S.C. have achieved considerable success recently in all these events.

As well as coaching the swimmers we also promote courses for parents who want to help on the poolside. The ASA has a very good teaching qualification structure for poolside helpers, Lane coach, Assistant Teacher, Full Teacher, Club Coach, ASA Coach and several others. Jane Lewis, a member of the club, is an ASA Tutor and she organises several courses each year throughout Derbyshire.

The ASA also has a formal structure for swimming officials. There is a qualification for Timekeeper, Judge, Starter and Referee. The club has four qualified Referees as members (Helen Akers, Chris Bostock, Carole Cherry, Fred Ellis) and these are always willing to help you become qualified. Seminars are organised at West Park. Please see Angela Hidle for more information.

We hope you will enjoy your stay with Trident, and that your swimming will greatly improve. We always welcome help from willing parents to run galas, fundraising etc. so please join in and take part. The club is run by a committee of committed parents and volunteers elected at the annual general meeting held in March to which all members of the club are invited. Current committee members names are on the Notice Board and they are usually around at various training sessions. If you would like to help, have a query or wish for advice then please do not hesitate to ask any of the committee members who will endeavour to help you.

There are other leaflets in this series covering teaching, the Squad system and Fees. Watch out, also, for the regular issues of Trident NewsLetter—also available on the club web-site.

www.trident-sc.freeserve.co.uk