

Top needs:

- Additional pool hours
- Additional land training opportunities (for swimmers)
- Nutrition advice for coaches

General club comments:

Additional pool hours	<ul style="list-style-type: none"> • Would be good to receive from a higher standard coach • We think able swimmers would benefit from a number of session 2 /3 for a longer period without being required to join full time
External coach expertise	<ul style="list-style-type: none"> • Would like to link with another club for this • We do not know where to go for External coach expertise. • Yes for coach and teacher development
Long course training	<ul style="list-style-type: none"> • We need a 50m pool in Derbyshire and in the meantime easier access to 50m training
Additional Strength and Conditioning training	<ul style="list-style-type: none"> • Yes we struggle to access this • We have no time or expertise to offer this • We have stopped our land training because of inconvenient time, location and staffing resources
Coach mentoring	<ul style="list-style-type: none"> • Would be good to receive from a higher standard coach • Would like to link with another club for this • We are not aware of any or what is available. • Would like this to be made available at home club

	<ul style="list-style-type: none"> • Yes via CPD courses current offer from DASA is not suitable for our L1's or recently qualified L2 coaches • Would like J.M not assistants to come into the club • We have a relatively new Coach and mentoring would be very useful to assess progress • Would be nice to be approached externally • We would welcome coach mentoring which may be tied in with the external coach expertise
Coaching CPDs (Stroke technique, starts and turns etc.)	<ul style="list-style-type: none"> • We don't know when these are available. Maybe a session by a coach at our pool sessions • Would like this to be made available at home club • JM to be invited into the club to run a Coach CPD session • We would be very open to CPD to help develop coaches
Nutrition advice/workshops for coaches	<ul style="list-style-type: none"> • We have not attended any in recent years. A good subject for OGMs
Strength and Conditioning advice/training for coaches	<ul style="list-style-type: none"> • If there's is a course would be great to see e mailed out
Sports Psychology training for coaching team	<ul style="list-style-type: none"> • We are not aware of any. A good subject for OGMs • Not necessary – aren't we trying to over complicate coaching at grass root level?

Is there any other support you would like? Please expand

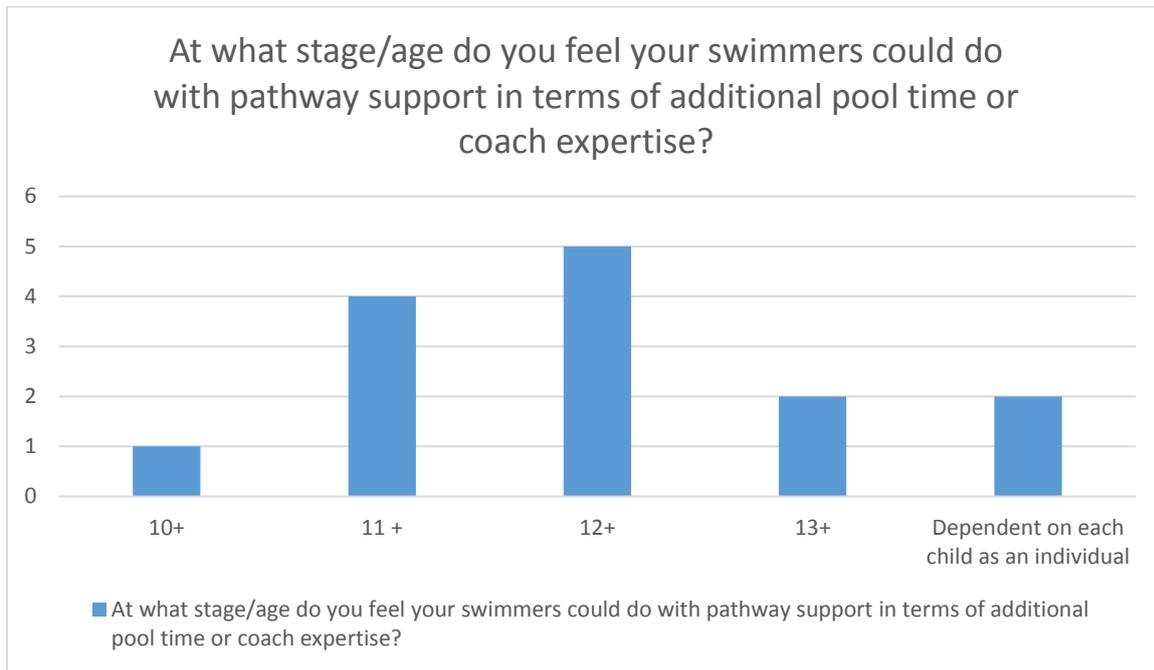
Yes open water training & support. Additionally, option should be made available to clubs to attend key elite clinics - Not on full time basis as some swimmers and parents can't commit to the schedules due to work and other circumstances

Always require stroke technique help.

Further development of swimmers to a level Etwall do not have capacity to deliver. We also need sufficient pool time to develop to an acceptable.

CPD for teachers as well as coaches. We have a number of teachers who are keen to learn assist in the coaching process. The current coach mentoring offering from DASA is not fit for purpose as it is too reliant on club coaches going to DX early morning sessions which is impractical

The further understanding of training method developments would be really helpful



*10+ response came from DX

How could we improve the relationship between your club and the Derbyshire performance pathway?

Work with the club's instead of dictating to the club's. Have clear guidelines. A return to it being for the best swimmers to train together as that actually worked. Clear lines of communication. Consistent communication with no mixed messages or contradicting information. Derbyshire swimmers put first not an open invite. More proactive research on swimmers by Derbyshire head coach, this would be covered by more communication with the coaches. Any changes to structure of pathway should be confirmed by clubs not just carried out without consultation.

More working together and galas

Regular newsletter and quarterly meets.

Prevent them from actively attempting to undermine our programme and business model. i.e. approaching managers of the facilities we hire asking them not to feed in to our programme from LTS, approaching managers of pools we hire for established competitions asking if they can book the same weekend the year following our existing booking.

*More Communication within the pathway around what is being targeted.
More transparency around training and competitions for the home club
Regular County Head Coach Meetings
What the pathways aspirations and priorities
More home club involvement and maintain relationships
Co-operation with home clubs in relation to club competitions and open meets
A more collaborative approach to swimmers development and personal goals*

Visits to club to meet coaching team/committee and discuss opportunities and needs.

We are not sure of who or what is the performance pathway. More OGM meetings as held 1 May we good for better information sharing.

More interaction between club coaches and those supporting the pathway

- *More flexibility in the DX offering especially the squad location as RSC swimmers seem to be forced into DX North irrespective of where they live. Eckington pool as an example is 32 minutes away from Clay Cross, Derby is 34 minutes but Nottinghamshire is 10 minutes away for some of our swimmers consequently if we are not careful RSC swimmers will gravitate to Nova due to DX's desire to establish the North Squad*
 - *DX/DASA to prepare pathway agreements tailored to individual clubs so that clubs develop for the full benefit of the swimmers. The current system does not take into account RSC's aims and objective as a Development Club, stripping out swimmers for even 1 training session per week cuts across our own work*
 - *The top down process for swimmer selection needs to stop. DX will call the list a discussion point but we know from experience that they will go direct to the swimmers family or start the process based on direct parent approaches. DX should be confident in the home clubs to deliver talented swimmers to continue their journey in the pathway that may have started 5 or 6 years before DX or another pathway group are involved on a regular basis.*
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Better communication, someone to visit the clubs on a regular basis to assess and help if needed, also to point out if they see any need for improvement or help